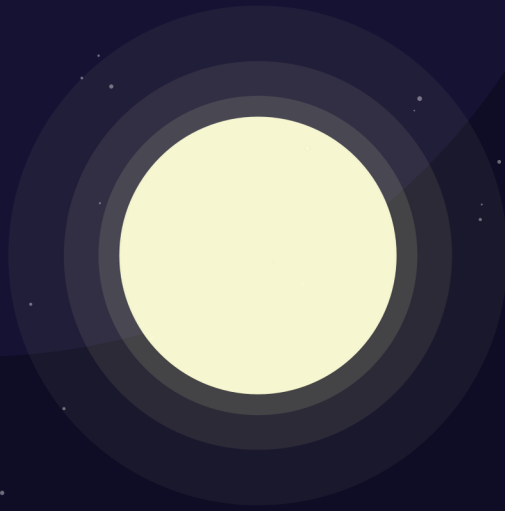


Undated • Intention • Action • Reflection

Lunar **CYCLE PLANNER**



Plan one lunar month at a glance, track habits and mood, and reflect with clarity.

New Moon — Intentions

Set your 'why' and define success

Core Intention

Focus Area 1

Focus Area 2

Focus Area 3



Week 1 — Actions & Notes

Top actions • Tiny wins • Notes

Actions

Tiny Wins

Notes



Week 2 — Actions & Notes

Top actions • Tiny wins • Notes

Actions

Tiny Wins

Notes



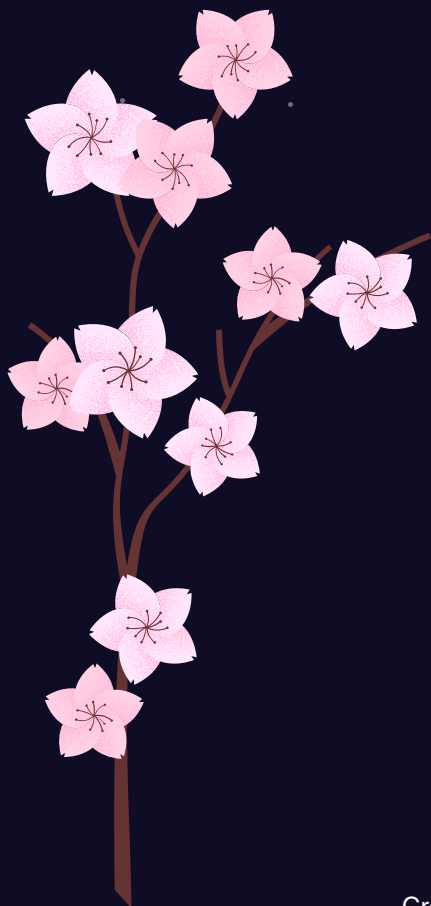
Week 3 — Actions & Notes

Top actions • Tiny wins • Notes

Actions

Tiny Wins

Notes



Week 4 — Actions & Notes

Top actions • Tiny wins • Notes

Actions

Tiny Wins

Notes



Waxing Moon Habit Tracker

Mark one box per day



S M T W T F S



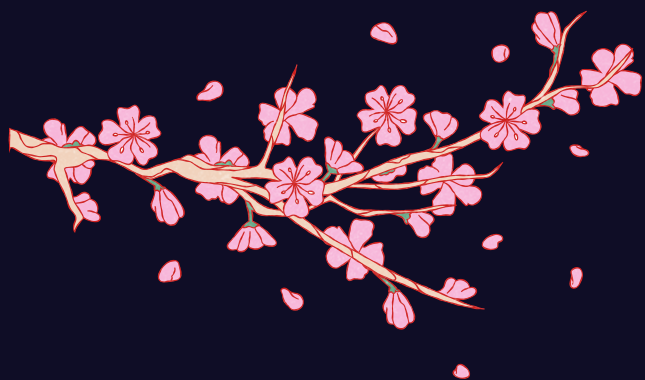
Full Moon — Mood & Energy

Observe your patterns

Daily Mood & Energy Notes



Insights & Patterns



Last Quarter — Reflection

What served • What shifts • What to release

What worked beautifully



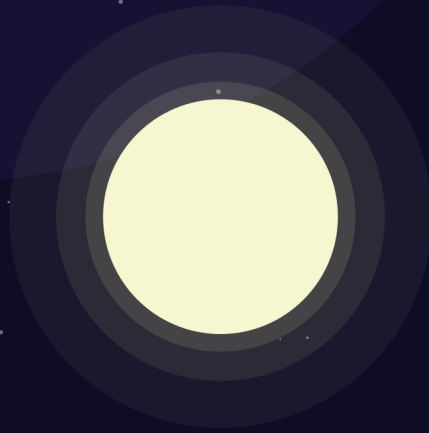
What I'm releasing

What I'll carry into the next cycle



Cycle Complete — Begin Again

Align, act, reflect, release



Set your next New Moon date and restart this planner. Your rhythm is your power.

